



*Photograph by Irving Penn / © The Irving Penn Foundation*

**Exercise 1:**

Make a list of the *nouns*, *verbs*, and *adjectives* associated with the image on page 1

Nouns	Verbs	Adjectives

**Exercise 2:**

Use the list of words from Exercise 1 to describe the picture

*(imagine you are describing the image to someone who cannot see it)*

.....

.....

.....

.....

.....

.....

.....

**Exercise 3:** Take notes and prepare to talk about the image in class

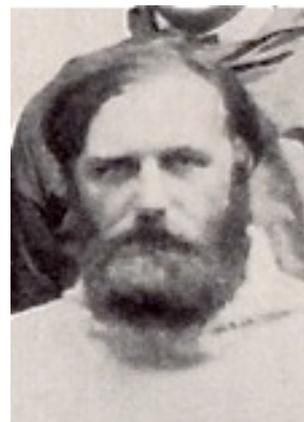
*What do you think about the picture? Anything unusual? Who are the people?*

*Consider: what ?when? why? where?how?*

## Exercise 4:

## Reading

Peter Freuchen (1886 – 1957) was a Danish explorer, author, journalist and anthropologist. He is **notable** for his role in Arctic exploration, namely the Thule Expeditions. Freuchen was born in Nykøbing Falster, Denmark. He attended the University of Copenhagen where for a time he studied medicine.



Freuchen was married three times. He was first married in 1911 to Navarana Mequpaluk, an Inuit woman who died in the Spanish Flu epidemic after bearing two children. His second marriage was to Magdalene Vang Lauridsen. The marriage started in 1924 and was dissolved in 1944. In 1945, he married Danish fashion illustrator, Dagmar Cohn (1907–1991). From 1926 to 1940, Freuchen owned the Danish island Enehoje on Nakskov Fjord. During this period he wrote several books and articles

In 1906, he went on his first expedition to Greenland as a member of the Denmark expedition. Between 1910 and 1924, he undertook several expeditions, often with the noted Polar explorer Knud Rasmussen. He worked with Rasmussen in crossing the Greenland ice sheet. He spent many years in Thule, Greenland, living with the Polar Inuit.

In 1910, Knud Rasmussen and Peter Freuchen established the Thule Trading Station at Cape York (Uummannaq), Greenland, as a trading base. The name Thule was chosen because it was the most northerly trading post in the world, literally the "Ultima Thule". Thule Trading Station became the home base for a series of seven expeditions, known as the Thule Expeditions, between 1912 and 1933.

The First Thule Expedition (1912) aimed to test Robert Peary's claim that a channel divided Peary Land from Greenland. They proved this was not the case in a 1,000 km (620 mi) journey across the inland ice that almost killed them. Clements Markham, president of the Royal Geographical Society, called the journey the "finest ever performed by dogs." Freuchen wrote personal accounts of this journey in *Vagrant Viking* (1953) and *I Sailed with Rasmussen* (1958). He states in *Vagrant Viking* that only one other dogsled trip across Greenland was ever successful.

In 1932 Freuchen returned to Greenland. This time the expedition was financed by the American Metro-Goldwyn-Mayer film-studios. He was also employed by the film industry as a consultant and scriptwriter, specializing in Arctic-related scripts,

most notably MGM's Oscar-winning *Eskimo/Mala The Magnificent* starring Ray Mala, and featuring Freuchen as Ship Captain.

In 1938 he founded The Adventurer's Club (Danish: Eventyrernes Klub), which still exists. They later honoured his memory by planting an oak tree and creating an Eskimo cairn near the place where he left Denmark for Greenland in 1906. It is situated east of Langeliniebroen in central Copenhagen and not far from the statue of The Little Mermaid.

During World War II, Freuchen was actively involved with the Danish resistance movement against the occupation by Nazi Germany, despite having lost a leg to frostbite in 1926. He openly claimed to be Jewish whenever he witnessed anti-semitism. Freuchen was imprisoned by the Germans, and was sentenced to death, but he managed to escape and flee to Sweden.

The preface of his last work, *Book of the Seven Seas*, is dated August 30, 1957. He died of a heart attack three days later at the Elmendorf Air Force Base in Anchorage, Alaska. After his death, his ashes were scattered on the famous table-shaped Mount Dundas outside of Thule. Freuchen's grandson, Peter Ittinuar, was the first Inuk in Canada to be elected as an MP, and represented the electoral district of Nunatsiaq in the House of Commons of Canada from 1979 to 1984. ©Wikipedia

### **Exercise 5:** *Comprehension*

1. What is Peter Freuchen most famous for? .....
2. What subject did he study at university? .....
3. Who was Navarana Mequpaluk?.....
4. What was Dagmar Cohn's job? .....
5. When did Freuchen first visit Greenland? .....
6. Who set up the Thule Trading Station? .....
7. Why did they choose the name "Thule"? .....
8. Is there that a channel that divides Peary Land from Greenland?.....
9. What is *Eskimo/Mala The Magnificent* ? .....
10. How did the Danish, Eventyrernes Klub honour Peter Freuchen? .....
11. How did Peter lose a leg? .....

## Gap Fill

**Exercise 6:** Match these key words from the text with their meaning.

*to study*      *to establish*      *an explorer*      *to dissolve* (3)      *an aim*  
*to attend*      *an expedition*      *an epidemic*      *notable*      *to trade*      *to bear* (10)

1. \_\_\_\_\_ is a person who travels to unknown places in order to find out more about them

2. \_\_\_\_\_ is deserving to be noticed or to receive attention; important

3. \_\_\_\_\_ is to go regularly to a place

4. \_\_\_\_\_ is to spend time learning about a subject by reading, going to college, etc.

5. \_\_\_\_\_ is a disease with large numbers of cases occurring at the same time in a particular community

6. \_\_\_\_\_ is to give birth to a child

7. \_\_\_\_\_ is to officially end a marriage, business agreement or parliament

8. \_\_\_\_\_ is an organised journey with a particular purpose, especially to find out about a place that is not well known

9. \_\_\_\_\_ is to start or create an organisation, a system, etc. that is meant to last for a long time

10. \_\_\_\_\_ is to buy and sell things

11. \_\_\_\_\_ is the purpose of doing something; what somebody is trying to achieve

*to flee*      *to honour*      *a claim*      *frostbite*      *a cairn*      *to scatter*  
*to imprison*      *a district*      *to situate*      *to finance*      *to represent*

12. \_\_\_\_\_ is a statement that something is true although it has not been proved and other people may not agree with or believe it

13. \_\_\_\_\_ is to provide money for a project

14. \_\_\_\_\_ is to give public praise, an award or a title to somebody for something they have done

15. \_\_\_\_\_ is a pile of stones which mark a special place such as the top of a mountain or a place where somebody is buried

16. \_\_\_\_\_ is to build or place something in a particular position

17. \_\_\_\_\_ is a medical condition in which parts of the body, especially the fingers and toes, become damaged as a result of extremely cold temperatures

18. \_\_\_\_\_ is to put somebody in a prison or another place from which they cannot escape

19. \_\_\_\_\_ is to leave a person or place very quickly, especially because you are afraid of possible danger

20. \_\_\_\_\_ is to throw or drop things in different directions so that they cover an area of ground

21. \_\_\_\_\_ is to act or speak officially for somebody and defend their interests

22. \_\_\_\_\_ is one of the areas which a country, town or state is divided into for purposes of organisation, with official boundaries

**Exercise 7:** Find and highlight the keywords in the text (see example: **notable** page 3)

## Exercise 8:

## Listening

Colin O'Brady is a world record holding explorer and one of the world's best endurance athletes. In this video, Colin, explains his journey back from a tragic burn accident to completing a world first solo crossing of Antarctica, a world first row across Drake Passage, summiting Mt. Everest, and setting three prestigious mountaineering world records

[https://youtu.be/vo\\_lZiytsMw](https://youtu.be/vo_lZiytsMw)

Click on the link and listen for answers to the questions below

1. What height, in feet, is the summit ridge on Mount Everest? \_\_\_\_\_
2. What year did Colin graduate from college? \_\_\_\_\_
3. How did he make money during the summer? \_\_\_\_\_
4. What age was Colin in 2007? \_\_\_\_\_
5. What America city is Colin from? \_\_\_\_\_
6. How long after his accident did Colin compete in a triathlon? \_\_\_\_\_
7. What is the name of a major lake near Chicago? \_\_\_\_\_
8. How long was the triathlon bike race? \_\_\_\_\_
9. How long was the road race? \_\_\_\_\_
10. How many took part in the Chicago triathlon of 2009? \_\_\_\_\_
11. Where was Colin's first destination on the *Explorers Grand Slam*? \_\_\_\_\_
12. What is the average temperature in Antarctica? \_\_\_\_\_
13. What is the highest camp before the summit of Mount Everest? \_\_\_\_\_
14. On what date did Colin step onto the summit of Mount Denali? \_\_\_\_\_

### According to Colin

15. what is the biggest thing stopping us from reaching our full potential? \_\_\_\_\_
16. what is the only question to ask when facing great obstacles? \_\_\_\_\_

**Exercise 9:**

**Talking**

**1: Prepare to talk about the following question with a partner in class 10/15 mins**

What is the biggest obstacle you have ever faced?

**2: Write down 5 questions based on the material to ask your partner 15 /20mins**

1 \_\_\_\_\_ ?

2 \_\_\_\_\_ ?

3 \_\_\_\_\_ ?

4 \_\_\_\_\_ ?

5 \_\_\_\_\_ ?